

HEEL AND TOE		SHOE SIZE		
SOCK SIZE		YOUTH	LADIES	MENS
YOUTH	06 - 08	12 - 04	04 - 05	-
INTERMEDIATE	09 - 11	-	05 - 09	4 ½ - 8 ½
ADULT	10 - 13	-	10 - 12	09 - 12